**SEVERE WEATHER**

**SEEK SHELTER**
- Close all doors, including those in main corridors
- Move to lowest part of the building
- Stay away from windows and glass
- Crouch near floor or heavy, well supported objects and cover back of your head
- If outdoors and there is no time to move to an interior space, lie flat in the nearest depression and cover your head

**EVACUATE**
- Alert people in the immediate area to evacuate
- Evacuate and assemble in an area uphill and upwind from the affected area
- Avoid direct contact and/or breathing in of vapors
- Unless properly trained, do not attempt to clean up the spill
- Do not operate any electrical devices, phones, appliances, light switches, or equipment with open flames within the affected area

**LEAVE AREA**
- Leave area and go to an exterior location
- Do not operate any electrical devices, cellular phones, light switches, or any radio frequency producing devices
- Do not try to locate the source of the explosion
- Evacuate and move to designated assembly points
- Re-enter ONLY when directed by recognized authority

**FOR MORE INFORMATION**
Please Visit [http://niu.edu/emergencyinfo/](http://niu.edu/emergencyinfo/)
At NIU, we pride ourselves on our emergency preparedness. It is woven into the fabric of day-to-day life on campus, such as the extensive training opportunities in emergency response skills such as basic life support (CPR) and first aid, or the fact that all of our police officers are trained as emergency medical technicians.

However, there are things that all of us can do to better prepare for emergencies so that when they arise we are all prepared to react quickly and correctly.

The university’s Emergency Response Guide provides basic information and recommended responses to a wide array of potential emergencies. I am asking all supervisors print out and review this content with employees and to fill out sections that pertain to individual building and unit concerns.

Thorough review and complete information are keys to effective emergency planning at all levels, and I ask that all employees take this task seriously. Copies of this guide will be available on the NIU website at go.niu.edu/erguide.

Over the last several years, we have distributed this guide to the NIU community. Many constructive suggestions for improvement have been received and incorporated into this version. Recognizing that no single set of instructions can anticipate all potential emergencies, I urge you to provide feedback on this publication by sending confidential comments and/or suggestions to niupd@niu.edu. Thank you for contributing your time and effort to helping make NIU a safe and secure campus.
Emergency Contacts

Police/Fire/Rescue: 911 *
Police Non-Emergency: 815-753-1212
Counseling and Consultation Services: 815-753-1206
Employee Assistance Program: 815-753-9191
Information Technology Services: 815-753-8100
Heating Plant: 815-753-1151
Weather Hotline: 815-753-OPEN (815-753-6736)
Huskie Patrol: 815-753-9658
Huskie Safe Line: 815-753-2222
Tipline (to report suspicious activity): 815-753-TIPS (815-753-8477)
NIU Home Page: www.niu.edu

*If calling from a cell phone, calls may be routed to a police agency outside of immediate area.
Building/Residence Hall Emergency Info

MY BUILDING/RESIDENCE HALL ____________________________________________________

Fire alarms are located _________________________________________________________

Fire extinguishers are located __________________________________________________

Emergency exits are located _____________________________________________________

Tornado shelters are located ____________________________________________________

Defibrillators are located _______________________________________________________

Person(s) trained in CPR _______________________________________________________

Evacuation meeting place _______________________________________________________

People needing help during evacuation __________________________________________

Nearest emergency call box is located ___________________________________________

Nearest weather radio is located _______________________________________________

Public Access First Aid Kit is located ____________________________________________
Weather Closing Information

Information regarding weather closing at NIU’s DeKalb, Hoffman Estates, Naperville and Rockford campuses is available via a variety of resources:

**Toll-Free Weather Status Hotline**

- Local residents, dial 815-753-OPEN (815-753-6736)
- Long distance callers, dial 1-888-4NIU-OPEN (1-888-464-8673)

**The NIU Homepage**

Refer to the notice prominently posted on the university homepage at www.niu.edu.

**Local Media**

News of university closings are broadcast via radio and television stations throughout the region. Visit www.niu.edu/weather for detailed information.
Medical Emergency

A medical emergency is an injury or illness that is acute and poses an immediate threat to a person’s life or long-term health.

After you have called 911, there are several things you can do until Emergency Responders arrive. These simple procedures will greatly aid the Emergency Responders and the patient they will treat.

- Provide first aid to the best of your ability.
- Use precautions to prevent your exposure to bodily fluids.
- Refrain from moving the patient unless it is absolutely necessary for safety reasons.
- If you determine that the patient is unresponsive, begin cardiopulmonary resuscitation (CPR). Perform hands only CPR if not trained. For CPR training go to www.heart.org.
- Stay calm; do not get excited. Then reassure the patient that help is on the way.
- Make the patient as comfortable as possible.
- Clear the area for emergency responders if possible.
- If possible, identify any medication the patient is prescribed.
- Have someone meet the police officer and direct/lead them to the patient.
Mental Health Emergency

In the event of a mental health emergency, constituting an immediate threat to self or others, notify NIU Police at 911.

In non-emergency situations, refer students to the Counseling and Consultation Services Center, 815-753-1206; refer faculty and staff to the Employee Assistance Program, 815-753-9191. If appropriate, walk the student over to the Counseling Center located in the Campus Life Building, 545 Lucinda Avenue. Employees can be walked over to the Employee Assistance Program located on the 7th floor of the Holmes Student Center, 600 Lucinda Avenue.

- Express your concerns directly to the individual.
- Make referral in the presence of the individual and offer to accompany them.
- Watch for changes in behavior:
  - significant changes in academic or work performance;
  - changes in hygiene, speech, attentiveness or social interaction;
  - changes in eating or sleeping patterns;
  - excessive drinking or drug use;
  - severe loss of emotional control;
  - high levels of irritability;
  - impaired speech or garbled/disjointed thoughts;
  - excessively morbid, violent or depressing themes in written assignments;
  - expression of suicidal or violent thoughts.

Concerns for a student’s emotional well-being should be reported to the NIU Counseling and Consultation Services Center regardless of whether or not the student wishes to seek services. Staff at the Counseling Center are available during regular business hours to consult with you on how to best handle a situation with a student. Report any violence or threat of violence to the NIU Police immediately at 911.
Menacing Behavior

Menacing behavior is expressing or showing an intention to inflict, or threatening to inflict, harm or injury upon someone or something.

- Emergencies Call 911, NON-Emergencies call the NIU Police at 815-753-1212.
- Have someone else call if you are unable to do so.
- Provide the address, location, and all possible details to the dispatcher.
- **De-escalate** the situation if possible; if not possible, get to a safe place.
- **Do not** provoke or become involved in the disruptive behavior.
- **Do not** argue, yell or joke with the individual.
- Limit eye contact with the individual.
- Stay out of arm’s reach of the individual.
- Do not touch the person.
- If the disturbance is outside, stay away from doors and windows. Remain inside.
- Do not allow menacing behavior to go unreported. Alert the NIU Police Department.

Refer to the Shooting Incident section of this Emergency Response Guide for additional information on violent behavior.
This type of incident is unpredictable, and your immediate response depends on the situation you encounter.

If it is possible to do so safely, exit the building immediately, moving away from the immediate path of danger, and take the following steps:

Call 911 if you can.

1. Run — Evacuate to a safe area away from the danger and take protective cover; notify anyone you may encounter.

2. Hide — If not safe to evacuate, go to the nearest room.
   - Close and lock the door.
   - Turn off the lights.
   - Stay away from doors and windows.
   - Keep quiet. Silence your phone.
   - Stay there until assistance arrives.

3. Fight — If unable to evacuate or seek a secured location then fight with everything you have in order to save your life.

4. Individuals not in harm’s way are to take protective cover, staying away from windows and doors until notified otherwise.
Explosions

- Call 911 from a landline or emergency call box.
- Remain calm.
- Do not use cell phone, electronic devices or any electrical device that could spark further explosions.
- Immediately seek cover in a safe place or evacuate if safe to do so.
- Do not use elevators in case of fire.
- If able to get outside, move to a distance of at least 500 feet away from the blast.
- Do not return to the area.
- Leave the building and move away from it.
- If trapped, signal for help.

When a fire alarm sounds, complete evacuation is required. Close doors and windows as you leave if feasible. Walk, do not run, to the nearest stairway exit and proceed to ground level.

The alarm may not sound continuously. If the alarm stops, continue the evacuation and warn others who may attempt to enter the building. Notify police and/or firefighters on the scene if you suspect someone may be trapped inside the building.
Suspicious Mail/Packages

If you see or are holding a suspicious package/object:

• Do not use a cell phone as it can trigger an explosive device.
• Call 911 from a landline or emergency call box.
• Evacuate others from the immediate area.
• If you are holding a suspicious package/object, gently set the item down on a solid surface or on the floor. If there is powder or liquid, try to set item down in a container, for example a trash can or bucket.
• Leave the immediate area.
• If you see a suspicious package/object, do not physically touch the object.
• Move away from suspicious items.
• Follow police instructions.
All bomb threats are to be taken seriously. Notify NIU Police at 911 immediately.

- Call 911 from another location or emergency call box.
- Remain calm.
- Do not use a cell phone or other communication device.
- Do not operate any light or power switches.

If you receive a bomb threat by telephone, remain calm, write down the caller’s exact words and note the time of the call. Check for caller ID information. Ask the caller:

- When is the bomb going to explode?

- Where is the bomb?

- What does it look like?

- What kind of bomb is it?

- What will cause it to explode?

- Did you place the bomb?

- What is your name and address?

If you receive a bomb threat in written form:

- Notify NIU Police at 911 immediately.
- Do a quick visual inspection of your area. Do not touch or move any suspicious objects.
- Do not use radios, pagers or cell phones as they can trigger an explosive device.
- Do not let others handle the written threat. Secure the written threat in a plastic baggy or envelope for law enforcement.
- If you are told to evacuate the area by authorized emergency personnel, take your notes about the threat with you.
- Follow your unit’s evacuation procedures:
Alert people in the immediate area of the fire, and evacuate.

Confine the fire by closing doors as you leave.

Activate a fire alarm by pulling on an alarm box.

Notify NIU Police at 911 or use an emergency call box to report the location and size of the fire. Always call from a safe location.

Evacuate the building. Do not use elevators unless directed to do so by authorized emergency personnel.

Do not re-enter the building until authorized emergency personnel give the “all clear” signal.

If you notice smoke or fire in your path, use alternative exit routes.

If heat or flames block your exit routes, stay in the room with the door closed. Consider ways to signal for help.

If possible, call 911 to advise authorities you are trapped in the building.

Report all fires, even those which have been extinguished, to NIU Police at 911.

If you MUST use a fire extinguisher:

Pull the safety pin on the grip handle.

Aim the nozzle at the base of the fire.

Squeeze the handles all the way together.

Sweep the extinguisher from side to side.

Note: There are different types of fire extinguishers for use on different types of fires. Familiarize yourself with the type and operation of fire extinguishers in your work area.
Hazardous Materials

Placards or signs are posted outside all rooms containing hazardous materials.

Chemical Spills

Detailed safety procedures are in place in all campus laboratories where dangerous materials are used and stored. If you encounter a chemical spill and no trained individuals are in the area:

- Notify NIU Police at 911.
- Do not walk into or touch any spilled material.
- Avoid inhaling fumes, smoke and vapors, even if no hazardous materials are involved.
- Isolate the area by sealing it off or closing doors.
- Notify people in neighboring offices and classrooms.
- Turn off space heaters and extinguish open flames in the area.
- Evacuate the affected area or building and do not re-enter the area until told to do so by authorized emergency personnel.
- Most chemicals are odorless so remember just because you can’t smell it doesn’t mean it’s not harming you.

Radioactive Materials

Radioactive materials are utilized in some campus laboratories. Those that might be encountered are considered low-level sources of radiation and pose a minimal threat when properly stored or handled. If you encounter what you believe to be radioactive material:

- Notify NIU Police at 911.
- Do not touch the material.
- Isolate the area by sealing it off or closing doors.
- Notify people in neighboring offices and classrooms.

Radiation Emergency

NIU is located in a region with several nuclear power plants. In case of a radiation leak that affects NIU, listen to Emergency Alert System (EAS) announcements which will be broadcast via radio and television (previously known as the national Emergency Broadcast System).
Leave your building immediately when an alarm sounds or if you are instructed to do so by authorized emergency personnel.

**Evacuation Procedures**

- Remain calm.
- Evacuate in a safe and orderly manner.
- Gather personal belongings (medication, keys, purses, etc.), but only if safe to do so.
- **Do not** use elevators unless authorized emergency personnel tell you to do so.
- Turn off all electronics, including computers.
- Provide assistance for those with disabilities. Refer to the Evacuation Procedures for Persons with Disabilities section of this Emergency Response Guide.
- Go to the identified assembly area which should be at least 500 feet away from the building unless directed to another location by the NIU police or properly identified emergency personnel.
- Remain with your class/office so a full accounting can be made.
- Notify NIU police or emergency personnel of any missing or trapped persons.
- Follow all directions from the NIU Police or other authorities present.

My identified Evacuation Assembly Area is: ________________________________
Instructors and supervisors should be proactive and be aware of people who will need assistance.

Assisting Blind/Visually Impaired:
- Clearly announce the type of emergency.
- Offer your arm for guidance.
- Tell the person where you are going, and alert him/her to obstacles along the way.

Assisting Deaf/Hearing Impaired:
- Turn lights on and off to gain the person’s attention.
- Indicate directions with gestures or a written note.

Assisting Mobility-Impaired/Wheelchair Users:
- Elevators **should not** be used to move people with disabilities.
- Seek volunteers to assist students/personnel with physical disabilities to the nearest enclosed stairway or designated areas for rescue assistance.
- One individual should remain with the person(s) if it can be done without unreasonable personal risk.
- Others should advise emergency personnel of the location so that the evacuation can be completed.
- If an imminent danger situation exists and the person requests assistance in evacuation before emergency personnel can arrive, assist in finding volunteers to evacuate the person per his/her instructions.

If you are required to leave the building immediately but are unable to (because of a physical disability, injury or obstruction):
- Go the nearest area where there are no hazards.
- Notify NIU Police at 911.
- Signal out the window to emergency responders if possible.
- Remain calm.
Utilities/Power Outage

In the event of a major utility failure, call Work Order Desk at **815-753-1741** if between 7:30 a.m. and 4:00 p.m. Monday through Friday. At all other times, contact the Heating Plant at **815-753-1151**. Or contact NIU Police at **815-753-1212**.

- Remain calm; move cautiously to a lighted area.
- Turn off and unplug computers and other voltage-sensitive equipment.
- Provide assistance to others if necessary.

**Electrical Outage**

- Evacuate the building if the fire alarm sounds or upon notification by authorized emergency personnel.
- In laboratory buildings, fume hoods do not operate during a power outage and most laboratories should not be used until the ventilation is properly restored.

**Gas Leak/Unusual Odors**

- **Call NIU Police at 911.**
- Cease all operations immediately.
- Evacuate as soon as possible.
- Do not use cell phones or other electronic equipment.
- Do not switch lights on or off.

**Flooding/Plumbing Failure**

- Cease using all electrical equipment.
- Avoid contact with the water.
- Evacuate the building.
All campus buildings are equipped with a weather radio which broadcasts news of severe weather watches and warnings.

Report any injury/damage to the 911 dispatcher. Provide them as much information as possible to respond to the emergency.

**WATCH:** Conditions are favorable for the development of severe weather in the DeKalb area. Everyone should closely monitor the campus weather radio especially as conditions deteriorate.

**WARNING:** Severe weather has been observed, and there is an imminent threat to the DeKalb area. Listen closely to instructions provided by weather radios/emergency officials.

**Thunderstorms**
- Frequently have high winds, cloud-to-ground lightening, heavy rain, and can produce tornados, large hail, and flooding.
- **Stay indoors away** from windows and draw shades or blinds to reduce injury from flying glass.
- Minimize use of electric appliances.
- Stay off landline telephones and cell phones with power cords attached.

**Tornados**
- **Sirens** are a warning that a tornado has been detected by radar or reported by weather spotters.
- **Seek shelter immediately** in designated shelter locations or go to the lowest floor of the building.
- Stay away from windows and doors to prevent injury from glass or other flying objects.
- **Do not** go outdoors to see the storm. Trained storm spotters will be monitoring the situation.
- If you are in a vehicle, seek shelter in a building, ditch, or other safe place. Automobiles are very dangerous during high winds.
- Once the storm has cleared, notify NIU Police at 815-753-1212 of any damages or injuries.

**Floods**
- Secure vital equipment, records, and chemicals. Shut off all electrical equipment. Secure all laboratory experiments.
- Move to **higher, safer ground**.
- **Do not** return to your building unless you have been instructed to do so by the NIU Police Department or emergency personnel.
- If flood water rises, do not attempt to wade or travel through the water. Even small amounts of water can be very dangerous.
Shelter in Place

A shelter in place is ordered any time it is unsafe to leave the building. A shelter in place will be ordered by the NIU Police Department or other designated authority. You may be notified of a shelter in place by various means including public address systems, paging notification systems, mass e-mails, text messaging, telephone notification or other means available based on the circumstances of the incident.

During a Shelter in Place you should:

- Remain calm.
- Remain in your assigned area so a full accounting can be made of everyone inside of the building.
- Close and lock doors. Stay away from all windows and doors. Turn off all lights and remain silent. Do not use cell phones except for emergency notification to NIU Police at 911.
- Move to a location in the room which is not visible to someone looking through the door. If gunshots are heard everyone should move to the floor.
- Students and staff in hallways or other open areas must proceed immediately to a classroom or office where they can safely be locked in. If a classroom or office door is locked, go to the next closest available room to take shelter.
- If you see someone other than emergency personnel attempting to enter the building notify 911 immediately.
- **NO ONE SHOULD LEAVE THE SECURED ROOM UNTIL DIRECTED TO DO SO BY THE AUTHORIZED EMERGENCY PERSONNEL.**
- If the building becomes unsafe, evacuate if safe to do so.
Emergency Communications

During emergencies, NIU’s crisis communications protocol calls for speedy notification of emergency responders and all members of the campus community. The various communication resources that can be used in a given situation include:

**Public address systems**
There are 52 buildings on campus equipped with public address speakers. Buildings have also been equipped with an IT public address system which can be displayed on university media equipment.

**Broadcast voicemail**
Available to All NIU faculty and staff with voice mailboxes. (3,000+ current users)

**Emergency Text Messaging**
Available to all students, faculty & staff. For registration instructions go to: www.niu.edu/alerts. If you need assistance, call ITS Helpdesk at 815-753-8100.

**Broadcast e-mail**
All students, faculty and staff are subscribed.

**Web site**
www.niu.edu

**Emergency/Weather hotline** 815-753-OPEN (815-753-6736)

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**DeKalb Emergency Sirens**

- **Weather**: 3-minute steady tone
- **Siren Test Times**: Sirens are tested on the first Tuesday of each month at 10 a.m.
- **Civil defense**: 3-minute slow, up-and-down oscillating wail
- **Other emergencies**: 3-minute fast oscillating wail

**Weather Radios**
Campus buildings are equipped with weather radios that issue loud warnings about severe weather and civil emergencies. More than 200 radios are deployed across campus and may be activated by numerous state, federal and local disaster agencies as well as local law enforcement.

**EAS** (Emergency Alert System)
The national system which supersedes the Emergency Broadcast System and is jointly administered by the FCC, FEMA, and the National Weather Service. The system broadcasts emergency alerts via radio and television.

**Media**
Visit www.niu.edu/weather for a complete list of television and radio stations.
Emergency Planning And Training Resources

**Counseling and Consultation Services** 815-753-1206

**Disability Resource Center** 815-753-1303
  Evacuating persons with disabilities

**Environmental Health and Safety** 815-753-0404
Provides resources and training on a variety of topics including:
- Asbestos Awareness
- Biological Safety (including needle safety)
- Chemical Safety
- AED (automatic external defibrillator) Distribution & Maintenance
- Environmental Safety
- Fire Safety (including training on the use of fire extinguishers)
- Occupational Health and Safety
- Weather Safety

**Human Resource Services** 815-753-9191
  Employee Assistance Program

**Information Technology (DoIT)** 815-753-0963
  Provides information on technology available for emergency response.

**Laboratory Safety** 815-753-9251
Provides training on topics including:
- Chemical Safety
- Laser Safety
- Radiation Safety
- Biological Safety

**NIU Police and Public Safety/Office of Emergency Management and Planning** 815-753-1212
Provides resources and training on a variety of topics including:
- Emergency Preparedness
- Crime Prevention
- Alcohol Education
- CPR and First Aid
- Sexual Assault Awareness
- Bank Fraud Scam Prevention
- Cyber Crimes
- Anti-Drug Education

**Wellness Promotion** 815-753-9755
  Alcohol/drug education
  Bystander/violence prevention education