“If you have ever asked...”

...you any of the following questions, the PSC Child and Family Services may be of help to you!

- How many times do I have to say something before my child listens?
- Why won’t my child do his/her homework?
- Why does my child behave the way s/he does?
- How can I help my child improve his/her grades?
- How can I communicate with my child’s teacher about what s/he needs?
- How can I control my child’s temper tantrums in public?
- Am I the only parent who has a difficult child?
- Why do some discipline techniques work for some parents, but not for me?

Let us Introduce Ourselves!

Northern Illinois University’s Child and Family Services at the Psychological Services Center provides a variety of services to community residents.

**Hours of Operation**
- Monday: 12:00 PM to 8:00 PM
- Tuesday: 11:00 AM to 7:00 PM
- Wednesday, Thursday, and Friday: 9:00 AM to 5:00 PM

*Hours are slightly reduced in the summer months

Contact us at 815 753-0591
or on the web at www.niu.edu/psyc/psc

To learn more about the services provided at the PSC, or to make an appointment, please call (815) 753-0591. You can also visit our website at http://www.niu.edu/psych/psc.

Located at Normal Road and Lincoln Highway
DeKalb Illinois 60115
The Psychological Services Center (PSC) provides services for parents and children struggling with behavior management as well as emotional and relationship issues in the family.

The PSC also offers parent education focusing on behavior management and improving communication. We can work with you to deal with your child’s self-control or defiance issues, and help your child to develop more appropriate peer relationships and more mature interpersonal skills.

Finding a service that’s right for you >>>
Services are provided by graduate students working on masters and doctoral degrees in clinical and school psychology. They are closely supervised by licensed and certified psychologists who are faculty at Northern Illinois University.

We are with you every step of the way >>>
The first step in seeking help from the PSC is to call for an appointment. Our office manager will ask you some questions about the problems you are having, and an appointment will be scheduled. The initial meeting is a problem assessment session which is free of charge. This first appointment is used to get a better understanding of the specific concerns you have about your child. We will also ask you general questions about your family and background. This initial meeting helps us determine the kinds of services that would most help you and your child.

Looking For a Place to Get Help
Our child and family services are designed especially to treat children and adolescents with behavior problems at home or school, learning problems, excessive fears, bed-wetting, developmental delays, or difficulties coping with changes in their families. We provide direct services to children, and work with parents to help them cope with and manage their child’s behavior.

Knowledgeable Faculty

Dr. David J. Bridgett
Assessment and treatment of children from infancy (e.g., developmental delay) to adolescence (e.g., Learning Disabilities & ADHD), school consultation, disruptive behaviors (e.g., aggression & oppositional behavior), and anxiety

Dr. Laura D. Pittman
Children’s and adolescents’ socioemotional and cognitive functioning, parenting, family processes, and working with families from diverse backgrounds

Dr. Karen J. White
Disruptive behavior and learning disorders (e.g., ADHD, LD), emotional problems (e.g., anxiety, depression), problematic peer relations, parent support and school consultation.

Behavior Management
The Psychological Services Center (PSC) provides services for parents and children struggling with behavior management as well as emotional and relationship issues in the family.

School Services
Our clinicians can also consult with your child’s teachers and school personnel to facilitate development of Individualized Education Plans, classroom behavior, management issues, and home-school communication.

We have worked with families in DeKalb county, western suburbs of Chicago, and the surrounding northern Illinois area.

Getting Started
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Our faculty has diverse areas of interest and expertise in the child and family domain.

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