

On-line Respirator Training Quiz

Print out this quiz. Choose the best answer to each question. Print your name, sign and date the quiz at the bottom and fax it to Environmental Health and Safety Dept. at 753-6294 to complete your annual training. Persons scoring less than 70% will be asked to review the training and retake the quiz.

1. Why would one wear a respirator?
 - a. To protect one's lungs from damaging chemicals or particulates.
 - b. To comply with state health regulations.
 - c. To keep chemicals away from the mouth.
 - d. To scare little kids on Halloween.

2. Name three classes of respiratory hazard.
 - a. Oxygen enriched atmosphere, chloroform and ammonia.
 - b. Biological agents, tuberculosis and asbestosis
 - c. Toxic contaminants, smoke and wood fibers
 - d. Oxygen deficiency, toxic contaminants and biological agents

3. Can you safely wear an air purifying respirator in an oxygen-deficient atmosphere?
 - a. No, the respirator does not provide oxygen
 - b. Yes, oxygen doesn't matter.
 - c. Yes, the respirator provides oxygen.
 - d. No, the respirator will disintegrate in an oxygen-deprived atmosphere.

4. What determines which type of respirator should be used?
 - a. What the employer can afford.
 - b. What feels best on the employee.
 - c. The Permissible Exposure Limit (PEL) of the contaminant involved.
 - d. The EPA handbook.

5. How is a positive fit check done?
 - a. Cover your nose and sneeze.
 - b. Cover the exhalation valve and blow gently, pressurizing the facepiece.
 - c. Cover the exhalation valve and inhale.
 - d. Ask your partner to verify it.

6. How is a negative fit check done?
 - a. Ask your partner to verify it.
 - b. Cover the inhalation valves and exhale.
 - c. Tighten your straps then pull the mask away from your face.
 - d. Cover the inhalation valves (filters) and breathe in, creating a vacuum.

7. When should a respirator user do a fit check?

- a. After being exposed to a hazardous substance.
- b. Before the annual fit test.
- c. Whenever the straps feel too loose.
- d. Each time he or she puts on the respirator.

8. How should a respirator be stored?

- a. Put it away clean & dry in a sealed bag away from temperature extremes.
- b. Leave it in the contaminated area.
- c. Toss it in the back of the work truck or locker.
- d. You should keep your respirator with you at all times.

9. When is it advisable to change your N95 mask or any type of filter cartridges?

- a. When it gets dirty looking
- b. With every use.
- c. Never.
- d. When it is difficult to breathe through.

10. Why do we have respirator training?

- a. OSHA requires that training be provided to workers whose jobs require them to use and maintain respirators.
- b. DOD requires it as a matter of civil defense.
- c. EPA recommends it to counter air pollution.
- d. IMF suggests it so bank executives are not easily recognized.

I have viewed the respiratory training provided & personally have taken the above quiz.

Print Name _____ Date _____

Signature _____