



NORTHERN ILLINOIS UNIVERSITY

College of Health and Human Sciences

Bachelor of Science in Human Development and Family Sciences: Emphasis 1: Family and Individual Development

Transfer Guide for Illinois Community College Students¹

This transfer guide is designed as an advising tool to facilitate a smooth transition between institutions by identifying relevant course work recommended to be completed prior to transfer.

Community college students are encouraged to

- Complete an A.A. or A.S. degree prior to transfer
- Utilize the *NIU Articulation Handbook* for information regarding the transferability of courses:
- Consult with the College of Health and Human Sciences and/or review the websites for their intended majors for detailed information about special requirements, program admission requirements, and course requirements. www.chhs.niu.edu

The mission of the School of Family and Consumer Sciences at Northern Illinois University is to generate and transmit knowledge that supports families and individuals in meeting human needs for self-development, social interaction, resource allocation, clothing, food, and hospitality. All programs lay the groundwork for graduate study.

All three emphases in Human Development and Family Sciences prepare the student to work as professionals serving families and children. The [Family and Individual Development](#) emphasis provides career enhancement for students who have prior work experience with individuals and/or families, or who plan to pursue a career in higher education in Human Development and Family Sciences and related fields. It is recommended as a preparation for advanced degrees in related fields with a research rather than a service focus. Students hoping to do graduate work should strongly consider a minor in sociology, psychology, or political science.

¹ Based on requirements in the 2020/21 *Undergraduate Catalog*



Major in Human Development and Family Sciences: Emphasis 1, Family and Individual Development

Courses Recommended Prior to Transfer

ENGL 203* Rhetoric and Composition II (3)

HDFS 230* Child Development (3)

HDFS 280* Human Development, the Family and Society (3)

HDFS 284 Introduction to Family Relationships (3) (if available)

PSYC 102* Introduction to Psychology (3)

SOCI 170* Introduction to Sociology (3)

STAT 100* Basic Statistics (3)

or STAT 200* Elementary Statistics (4)

SOCI 260 Introduction to Social Psychology (3)

or PSYC 372 Social Psychology (3)²

One of the following: ENGL 350, HSCI 350, MATH 155, MATH 210, MATH 211, MATH 229, PHIL 105, PSYC 305

Courses to be Completed at NIU

HDFS 180 Personal Development in the Family (3)

One of the following:

NUTR 201 Human Nutrition (3)

HDFS 207 The Consumer

NUTR 405 Child Health and Nutrition (3)

PHHE 406 Human Sexuality (3)

HDFS 343 Family Financial Planning (3)

HDFS 445 Management of Human and Family Resources (3)

HDFS 484 Family Theories (3)

EPS 307 Development of the Adolescent (3)

HSCI 460 Research in Health & Human Sciences

Or PSYC 305 Research Methods

One of the following:

PSYC 316 Introduction to Psychopathology (3)

PSYC 465 Advanced Developmental Psychology (3)

CAHC 400 Exploration in the Counseling Profession (3)

Four of the following (12): HDFS 384, HDFS 398, HDFS 432, HDFS 437, HDFS 438, HDFS 482, HDFS 483, HDFS 485, HDFS 486, HDFS 487, HDFS 488

Specific information about admission requirements to Northern Illinois University and to programs in the College of Health and Human Sciences can be found in the current [NIU Undergraduate Catalog](#). Contact the Office of Admissions to obtain an application for admission. For additional information on programs in the college, contact HHSAdvisingHelp@niu.edu

² PSYC 372 may not be offered at all community colleges



NORTHERN ILLINOIS UNIVERSITY

College of Health and Human Sciences

- ❖ College of Health and Human Sciences (815) 753-1891
- ❖ Department of Military Science (815) 753-6239
- ❖ School of Allied Health and Communicative Disorders
 - Speech-Language Pathology, Audiology and Rehabilitation Counseling (815) 753-1484
 - Health Sciences (815) 753-1383
- ❖ School of Family and Consumer Sciences (815) 753-1543
- ❖ School of Health Studies
 - Medical Laboratory Sciences (815) 753-1382
 - Nutrition, Dietetics & Wellness (815) 753-1891
 - Public Health: (815) 753-1384
- ❖ School of Nursing
 - Nursing: (815) 753-1231
- ❖ Gerontology Program (815) 753-1891
- ❖ Office of Admissions (815) 753-0446

Visit our website: chhs.niu.edu/